

Cow Paddy Run 5k Course Map



BENEFITING the SPARK FDN

3.18mi Distance 88ft Elevation Gain Road Run Type

Start in grass near the gazebo. Start on the gazebo path
Turn left and head out on the grass loop. Follow the loop/
mowed path back to the paved trail. Follow Gulley Park Trail
until the first bridge. Cross the bridge and follow the trail to
the Niokaska Creek Trail spur. Follow Niokaska Creek Trail
to N Azalea Ter. Turn right onto Azalea, left on Country Way,
left on Wakefield, left on Ferguson, Right back on to
Country Way back over N Azalea Ter. Go left on to N Robin
Rd, left back on to N Azalea Ter. Turn left at the Niokaska
Creek Trail. Take trail back to Gulley Park, turn right to cross
the bridge and take your immediate left to the Niokaska
Creek Trail, pass back on to the gazebo trail and run back
through the arch for the finish.

